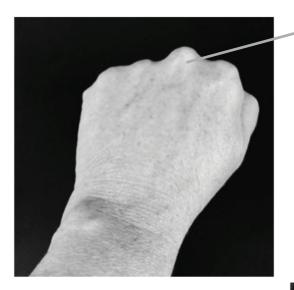
## Image #23: The fist



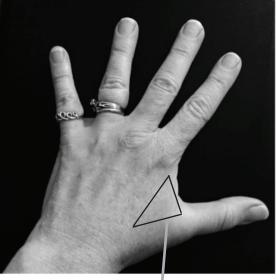
Big knuckle of the third finger. Also called the MCP joint.

## Image #24: Open palm

## Image #25: Lateral finger movement

Live long and practice!





Muscles that move the thumb away from the fingers live here.